

## LOCAL NEWS

### Emsworth Horticultural Show

The annual Emsworth Horticultural Show is to be held on August Bank Holiday Monday (29 August) at the Recreation Ground on Horndean Road.

There will be all the usual interesting stalls to browse, entertainment in the two show rings including bird displays, dancing, raffle and the fun dog show. Entries for the dog show are £1.00 per dog for each of 10 categories. There are also many refreshments available throughout the showground.

Any profit that we make each year is put back into the local community. Last year some of the recipients included: Emsworth Community Association, Emsworth Primary School, St James School, Stroke Club, Rowans Hospice, Cub Scouts and Girl Guides Association, Police Benevolent Fund, Havant Camera Club, Havant Borough Council for planting on the Warblington roundabout and many more.

So please come along on August Bank Holiday Monday and have a good time, knowing you are also helping our local community.

If you can help out on the day or on the weekend before, please contact Sheilagh Marchmont on 01243 374414.

### '5girlsinaboat' raise money for cancer charities

Anne Stunt

'5girlsinaboat', the local sailing and running girl-team, is the brainchild of Susan Rutter from Emsworth. After recovering from chemotherapy and surgery for breast cancer two years ago, Susan decided to put her passion for sailing, an enthusiasm for adventure and a desire to support charities close to her heart, together.

In May this year, '5girlsinaboat' competed in the Scottish Islands Peaks Race. The girls had to sail 160 nautical miles and run, climb and conquer three peaks on the Isles of Mull, Jura and Arran. Despite difficulties with their yacht, the team finished 15th out of 49 competitors.



Grace and Lily Summers with their prize

A raffle, held recently in support of '5girlsinaboat', turned into a truly local event. Pantry Weigh, the dried fruit and general groceries store in Emsworth raised funds for the team and a giant Easter bunny was won by Grace and Lily Summers from Emsworth!

Fundraising efforts are concentrating on local events and donations and corporate sponsorship money will go to The Royal Marsden Cancer Campaign and Sail 4 Cancer.

Further information on the team and how to make donations can be found on the website at [www.5girlsinaboat.org.uk](http://www.5girlsinaboat.org.uk) or by sending donations to 5girlsinaboat, PO Box 73, Emsworth, Hants, PO10 7ZF.

### Slipper Mill Pond update

Nick Madina

The experimental section of reed planting in front of the bank was described in the April issue of The EMS. It was designed to establish a soft barrier to absorb the wave energy and so reduce erosion of the core.

The reeds have now taken and we hope that by the end of the summer we shall have proved that the idea works and will form the basis of a permanent organic solution to erosion which will be environmentally and visually attractive.

For more information please contact the Slipper Mill Pond Preservation Association on 01243 377749.

### Emsworth Arts Trail

Philip Gale

This year's Emsworth Arts Trail appears to have been a great success despite getting off to a slow and damp start on Saturday, with less than 60 visitors at Kings Road over the whole day. Nearly three times as many visitors, however, came through the door on the Sunday, topping 150, our personal previous best single day.

Initially started by local artists in 2001, this was the 5th year of the Emsworth Arts Trail, larger than ever. Showing some 30 artists from around the area at 20 locations, plus silk painting demonstrations, and the Solent Guild of Woodcarvers on the Quay.

Artists also had the use of the Havant Arts Centre and Museum for a preview exhibition, which it is hoped will continue in future years.

Emsworth is particularly well-endowed with artists, so if you missed it this year, look out for next year's at around the same time and come and visit us.

For additional information plus participating artists with examples of their work, go to [www.emsworth.info/arttrail](http://www.emsworth.info/arttrail)



Angel by Philip Gale

### Dragon Boat Race

The Dragon Boat Race will not be taking place this year.

In the past the Slipper Sailing Club, have done a lot of the work to make the event possible. They felt they needed a 12-month breathing space after last year's event and decided not to be involved this year. They will look at it again after the summer.

The event has been cancelled for 2005 as the council has decided that the logistical organisation of the event would not be possible without the involvement of the club.

### Skatepark update

Jayne Emery

Following the questionnaire and youth consultation, a skatepark user group was formed from the young people who indicated that they would like to be involved in the design of the skatepark improvements. This user group met several times to discuss ideas for layouts and to suggest designs. The user group's design has now gone out to tender and plans from various contractors are due back no later than the first week of July. When the tenders have been received and assessed, the successful contractor will give a presentation to the user group, probably in July. Because the Horndean Road Recreation Ground is so heavily used during the summer, work will not commence on upgrading the skatepark facilities until the quieter period after the school holidays.

### Walking to Health

Pauline Bond

Join our short, safe, free walks – every Wednesday morning at 10 am, July to September.

Walking to Health started in Emsworth in March this year. Numbers have fluctuated from 1 to 6. Some people come for a chat, some because they need confidence to walk further, others because they like walking with other people but all like walking in the woods. The walks are tailored according to who comes along.

Why not try Walking to Health for yourself? The walks are friendly, everyone is welcome - any age or ability, just turn up. They are suitable for people who want to start some exercise as well as those recovering from ill health. The walk is about one hour of easy walking and is part of the 'Walking to Health' programme. The walk is along woodland paths in Hollybank Woods, a pretty, local wood which is a remnant of the ancient Forest of Bere. The paths can be muddy after rain, but the walks take place whatever the weather.

Meet outside the SYRCH Centre, Cotton Drive, off Southleigh Road, Emsworth at 10 am. Directions: turn left at the end of Cotton Drive, then right around the edge of the green to park in the free car park outside the centre.

For information or a walk programme please contact Lorraine on 023 9224 8807, [lorraine.gregory@ports.nhs.uk](mailto:lorraine.gregory@ports.nhs.uk) or Pauline on 01243 376302, [paulinebond@totalise.co.uk](mailto:paulinebond@totalise.co.uk).

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