

ADDISON LAW SOLICITORS

01243 372306

- Residential and commercial property
- Home information packs
- Wills, probate and trusts
- Inheritance tax planning
- Powers of attorney
- Business formations and transfers
- Town and country planning and development of land



The personal, professional service
8 North Street • Emsworth • Hants PO10 7DD
www.addisonlaw.co.uk

MANCHESTER HOUSE BLINDS & AWNINGS

Quality Manufacturers of
COMMERCIAL & DOMESTIC BLINDS
FREE SURVEY & QUOTATION
CONSERVATORY BLIND SPECIALIST

- Pleated • Venetian • Roman •
- Vertical • Roller • Woodweave •
- Panel Blinds • Canopies •
- Plantation Shutters •

CALL IN TO OUR SHOWROOM
23A North Street, Emsworth

01243

370044

Mon-Fri 9-5 Sat 9-1



Safe, effective approaches to healing... naturally

- | | |
|-----------------------|----------------------|
| Acupuncture | Herbal Medicine |
| Remedial Massage | Personal Development |
| Reflexology | Rei-Ki |
| Aromatherapy Massage | Shiatsu |
| Hypnotherapy | Stop Smoking |
| Plant Spirit Medicine | |

Professionals providing the best in complementary Medicine.

For free guidance from a Fully Qualified Herbalist, please call in during our drop-in advice sessions. Monday - Friday 12.30 - 1.30pm

46A High Street, Emsworth PO10 7AW
Tel - 01243 378555
www.medicinegarden.co.uk

EMSWORTH GARAGE DOORS

Remote Controls a speciality

6 Westwood Close, Emsworth
Hants. PO10 7QL



(01243) 379516

Mobile 07860 796722

"Excellence - the mark of the professional"

SUPPLY, REPAIR and REPLACEMENT
of all types of GARAGE DOORS

OSTEOPATHY IN EMSWORTH

Nicholas COWX BSc (Hons) Ost.
Osteopath

2 Havant Road
Emsworth PO10 7JE
01243 375112

Treatment for:

- | | |
|------------------|-----------------------|
| Back & Neck Pain | Tennis/Golfer's Elbow |
| Osteoarthritis | Headaches |
| Knee/Foot Pain | Sports Injuries |

Now stocking MBT shoes, designed to improve posture and muscle tone whilst reducing stress on joints. Please call for a free fitting appointment.

Local Groups and Societies

Arts and Crafts

Afternoon Flower Club: meet on the fourth Friday of the month (except July, August and December) at 2pm at the St James' Church Hall. Secretary: Mrs Louise Bird Tel 372262.
Bourne Quilters: Meets first Monday of the month. 7.15pm in the Community Centre Tel 02392 475958.
Emsworth Art Group: Wednesdays 9am-12 noon in the Community Centre. Tel Stuart Falkner 372412
Emsworth Craft Market: held the first Saturday in each month (except January) in the Community Centre, Church Path behind the fire station. Times 10am-1pm. Tel 02392 482941
Emsworth Evening Flower Club: Southbourne Hall first Monday of month 7.45pm. Contact 02392 731831
Emsworth Afternoon WI: meets 4th Tuesday in the month at 2.30pm in St James' Parish Hall, Church Path, Emsworth. New members welcome. Tel 389858 or 377870.
Emsworth Morning WI: Meeting held second Friday in the month 9.45am at Emsworth Community Centre, Church Path, Emsworth. Contact Mrs P. White Tel 376179
Emsworth Community Singers: Do you sing? Opportunities to learn and progress. Singing for Pleasure and Performance. Wednesday 7.30-9.30pm. International House, Emsworth. Mixed Voices. For more information call Louise on 389004 or mobile: 07985606670.
Friday Workshop Art Group: Friday Mornings in the Community Centre. 9-12am. Derek Ridley.
Funtington Music Group: Interested in joining this thriving and very friendly music society? Please contact Membership Secretary, Elizabeth Brooks, Tel 378900 for further details.
Havant Arts Centre: Tel 472700, Website: www.havants@dircon.co.uk
Hole in the Wall Pottery Group: Meets Thursdays at 7pm. If you are interested in joining us, please phone Pat Haysom, 431414. Our building is adjacent to the new extension to the Emsworth Community Centre.
North Emsworth WI: Meets 2nd Tuesday in the month at 7.30pm at Westbourne Church Hall. Tel 373365
Painting for Pleasure: Meets Wed. afternoons 1.30-3.30pm at the Community Centre. Group tutor Jackie Thomson Tel 573183.
Renaissance Choir: Contact Tel 02392 591462; Website: www.hants.org.uk/renaissancechoir
Weekly Country Market (formerly WI Market): Emsworth Baptist Church Hall, Thursday mornings 10-11.30am for home-made savouries/cakes, vegetables, preserves, craft items, etc. New producers welcome.

Churches/Religious Groups

Emsworth Baptist Church: North Street. Tel 375606; Website: www.emsbaptist.org.uk
Emsworth & Havant Spiritualist Centre: Emsworth Community Centre, 6.30pm Sundays. Details Olive Teal, Tel 374995.
Emsworth Methodist Church and Pastoral Centre: The Square. Tel 373773
New Life Christian Church: New Life Centre, Thorney Rd, Emsworth. Tel 371893; Email: office@nlccuk.org; Website www.nlccuk.org
St James' Church (C of E): The Rectory, Church Path. Tel 372428
St. Thomas' Church (Catholic): 24 New Brighton Road. Tel 02392 484520. Website: www.rc-havant.org.uk
Waterside United Reformed Church: Bath Road, Emsworth. Tel 370814
Waterside Ecumenical Community: For information, please contact John Vickers on 370017.
Good News Travelling Library: Waterside Community, Bath Road, Emsworth. Fourth Friday of each month (except May, August and December), 10 to 11.30am. Contact Mrs G. Puddicombe Tel 370436 for details.
Senior Citizens: Meet at the New Life Centre, Emsworth (off Thorney Road). First Wednesday in the month, 2.30pm. Please contact Mrs G. Puddicombe Tel 370436 for information/help with transport.

Health

British Red Cross Medical Loans: Emsworth Victoria Cottage Hospital, North St. Tel 376041. Open 10am-12noon, Monday to Friday except Bank Holidays.
Emsworth Community Responders: If you would like to be a member of Emsworth Community Responders or help in any other way, please telephone Mark Riddington (Acting Chair) Tel. 375903. We look forward to hearing from you.
Emsworth Stroke Club: Meets most Thursdays 2-4pm in the Emsworth Centre. Mrs G. Knight (chair) Tel 02392 473091; Website: www.emsworthstrokeclub.co.uk
Havant Area Bereavement Care Group: Tel 377525; Website: www.havantbereavementcare.co.uk
Weight Watchers: Emsworth Community Centre, Lumley Room. Wed. 9.30am and Thurs. 7.00pm
Well Being of Women: National charity raising awareness & funding vital health research. There is a fundraising branch in the area that is looking for new volunteers. Contact Shayne Simpson Tel. 020 77247725 for more information. Website: www.wellbeingofwomen.org.uk

Nature Conservation

Brook Meadow Conservation Group: looks after a lovely wildlife area in the centre of Emsworth. Work sessions: 1st Thursday and 3rd Sunday in month. Contact Frances Jannaway Tel 430314 or email: brettllf@ntlworld.com. Website: www.hants.org.uk/brook-meadow/
Chichester Harbour Conservancy: Walks, Solar Boat trips and other Harbour-based activities throughout the year. For information contact: Harbour Office, Itchenor; Tel 01243 512301 website: www.conservancy.co.uk
Emsworth Tree Warden Group: Caring for trees in the Emsworth area. Contact John Green for details. Tel 376435. Email: greenman_252@fsmail.net
Friends of Chichester Harbour: a charity helping to look after Chichester Harbour. Contact the Secretary to the Friends of Chichester Harbour at the Harbour Office, Itchenor. Tel 01243 512301 or email: info@friendsch.org; website: www.friendsch.org
Friends of Hollybank Woods: A group of local residents who promote the protection of Hollybank Woods. For more information about our work, contact John Bond (Chairman) Tel 376302 or Ann Williams (Membership) Tel 375502; Website: www.hants.gov.uk/hollybank-woods/
Friends of Nore Barn Woods: Roy Ewing (secretary) Tel 370705. Website: www.norebarnwoods.org.uk
Hampshire Wildlife Trust: Local contact: Jill von Westarp Tel. 376888. Regular talks and walks.
Slipper Mill Pond Preservation Association: Contact Nick Madina, 35 Slipper Road, Emsworth, PO10 8BS Tel: 377749; Email: webmaster@smppa.org.uk; Website: www.smppa.org.uk

Sports and Social Clubs

Circle Dancing: Second Sunday in the month at Emsworth Parish Hall, Church Path, Emsworth, 2.30 - 4.30pm. Beginners welcome. For details contact Jane Richards Tel: 01243 378531
Civil Service Retirement Fellowship: Meets in Emsworth Community Centre first Friday in each month, 10am to 12noon. All former civil servants & their partners welcome. Contact: M. Hughes Tel 372037.
Dance/Social Group: Ballroom, Latin, Jive and more. Friendly informal atmosphere. St James Hall, Church Path. Wednesdays, 8-10pm. £3 per couple including tea/coffee. Contact Ann Evans Tel 784127.
Dragon Ladies' Club: Second Monday of the month at the Southbourne Village hall at 7.30p.m. Anyone interested can contact Mrs Ann Adamson Tel. 376594.
Emsworth Bowling Club: Jubilee Recreation Ground. Year-round social club. Playing season April- Sept. New members welcome (all age groups). Contact Club Secretary Bryan Oldaker for more info. Tel 373354
Emsworth Bridge Club: Duplicate bridge played every Tuesday evening at Emsworth Sports and Social Club on Havant Road. Play starts promptly at 7.00pm. Contact the Secretary on 374652 for details.
Emsworth Chelsea Supporters: Meet in the Crown Hotel in Emsworth 7.30 for 8pm on the first Thursday of each month. Contact Dave, email dewents@aol.com Tel. 07971 888695
Emsworth Cricket Club (ECC): New members, of any standard, are always welcome at Emsworth CC. For details of the teams ECC runs and other information, see our website: www.emsworth.play-cricket.com or phone Lee Johnson Tel 07815 817164.
Emsworth Sports & Social Club: 43/45 Havant Rd. Membership applications now open. Wide range of activities. Contact the Steward any weekday evening or all day Saturday/Sunday Tel: 376037
Emsworth Town Football Club: phone Dave or Graham at Southern Tyres 377755
Langstone Cutters Rowing Club: Sundays one hour before high tide. Contact Catharine Russell Tel:02392 481220 or see www.langstonecutters.com
Line Dancing by Ricochet: at Warblington School every Tuesday 7.30-9.30pm for enquiries ring Pamela Tel 02392 486084
Martial Arts: Fridays: Dao Yin 10-11am and Tai Chi for the over 60's 11.15am-12.15pm, Emsworth Methodist Church. Saturdays: Children's Kickboxing (ages 5-12 years) 10-11am, SYRCH Centre, Spencer Road. James Richardson Tel 01243 389886 or email jameszdl@aol.com
Portsmouth Area Cyclists CTC: Three rides a week in winter. Sunday: Cosham Library, 9.15am; Wednesday & Saturday: opposite Havant Art Centre, 9am. Fortnightly evening meetings in Emsworth Centre, South Street, 7.45pm. Details from: Mike 01243 371267 or 02392 475785.
Rambling Club: for details of local Thursday morning or Sunday walks, contact Paddy Naylor Tel 373790 or Tony Wootton Tel 372511.
SYRCH (Southleigh Youth and Recreation Community Hall): For bookings contact: Virginia Wilson-Smith (Hon Secretary), 5 School Lane, Emsworth, PO10 7ED; Tel. 373744; Email: virginia.wilson-smith@havant.gov.uk
Tea Dance: Basic dance instruction given. Thursday afternoons 2-4pm, Emsworth Community Centre. For further information tel. Brian 373558 or Gloria 374627. Admission £2.

Children & Young People

Emsworth Cygnets: Parent/Carer Babies and Toddler Group. Meet in Emsworth Community Centre (Mountford Rooms), Tuesdays 9.30-11am (term time only). £1.50 per family, includes refreshments. Contact Christina Novis for details on 01243 789366/530885.
Emsworth Girls Brigade: Emsworth Baptist Church Hall, Tuesdays, 5.45 pm - 9.15 pm. Explorers 4-7 years; Juniors 8-10 years; Seniors 10-13 years; Brigadier 14+. For further information contact Daphne Laycock Tel 376572.
Melana Dance: Classes in ballet, tap and modern dance for young people up to 20 years of age, also pre-school 'music and movement' are held in both Havant and Emsworth. Contact Louisa Chandler. Tel. 779795.
'Mumbaba' music for babies & toddlers: Meet on Wednesdays in St James' Church Hall at 9.30 and 11am in term time. Admission is £3.50 per family and includes refreshments.
'Pebbles' Parent/Carer and Toddler Group: Monday 9.45-11.30am (term time only) including Toy Library. Only 50p, includes refreshments. Baptist Church Hall, North St., Emsworth.
Girl Guiding UK: for girls 5-7 years - Rainbows, 7-10 years - Brownies, 10-15 years - Guides, 15+ years - Senior Section. Contact Sally Becey on 023 9236 0222 for further details.
Scouts - Livingstone Cub Scout Pack: boys/girls 8-10 yrs; Beaver Scout Colony: boys/girls 6-8 yrs; Drake Cub Scout Pack: boys/girls 8-10 yrs; Explorer Scout Unit: 14-18 yrs; Scout Troup: boys/girls 10-14 yrs. Meet at Scout Hut in Conigar Road. Contact: Micheal Croucher GSL: 07764 461711.
Young People in Havant Borough: www.youthbeat.net/

If you would like your Group or Society to be included on this page, contact the Editor on:
Telephone 01243 430361
For email see our website: www.emsworthresidents.co.uk



THE GIFT BOX

34 HIGH STREET, EMSWORTH
01243 389944

A local shop with a wide choice of:
GREETINGS CARDS
GIFTS
JEWELLERY

In silver, gemstone and so much more
Coer de Lion, Ortak etc.
from U.K. and around the World

GIFT WRAP SERVICE ON REQUEST

Look forward to seeing you soon!
OPEN MONDAY/SATURDAY
10.00 TO 5.00

GEOFF KEATES

Decorator

Interior • Exterior

Member of
Checkatrade



EMSWORTH
01243 - 375916



A.D.WILLIAMS

COACHWORKS LTD
ACCIDENT REPAIR SPECIALISTS

Had an accident?

Whether your fault or not
We're here to help

For expert repairs with a Personal
Service call 01243 377921

**£25 discount on Accident
Related Repairs with this advert**
Can be used against policy excess
Terms & conditions apply

UNIT 3, PALMERS ROAD INDUSTRIAL ESTATE
PALMERS ROAD, EMSWORTH.

Amaya Beauty Salon
KatyFarren

Nails by Jane
Jane Needham
Mobile: 07919 050484
Tel: 01243 389537
4 Queen Street, Emsworth, Hampshire, PO10 7BL

Country House
Best Grocery and Wholefoods

☐ Cereals & Mueslis	☐ Jams, Honey & Mustards
☐ Dried Fruits	☐ Freshly Roasted Coffee
☐ Nuts & Mixes	☐ Herbs & Spices
☐ Pickles & Sauces	☐ Selection of wrapped Cakes
☐ Beverages & fruit juices	☐ Pic 'n mix sweets & chocs
☐ Flours & Baking sundries	☐ Snacks & Biscuits
☐ Birthday & greeting Cards	☐ Rice & Pasta
☐ Seasonal specialities + plenty of other exciting surprises	

7 High Street, Emsworth
Phone: 372719
WEIGH AMOUNTS YOU NEED
- AVOIDING WASTE -